



Individual



Intelligent



Intuitive

# User Guide

# Contents

|   |    |
|---|----|
| Safety Precautions .....                      | 3  |
| Introducing iComfort.....                     | 4  |
| Your new iComfort mattress .....              | 4  |
| Before installing your iComfort mattress..... | 5  |
| Installing your iComfort mattress.....        | 6  |
| Finding your preferred comfort setting.....   | 8  |
| FAQs.....                                     | 10 |
| Caring for your iComfort mattress.....        | 11 |
| Register your A.H. Beard purchase.....        | 11 |
| Guarantee.....                                | 12 |
| Sleep Diary.....                              | 14 |

# Safety Precautions

**Please ensure you read these instructions in full before using your new iComfort bed and keep them safe for future reference.**

- Make sure to handle the Adjustable Comfort System (ACS) with care.
- DANGER - To reduce the risk of electric shock always unplug this appliance from the electrical outlet before cleaning.
- Keep the power cord away from heated surfaces.
- NEVER operate the ACS if it has a damaged cord or plug. If it is not working properly, has been dropped and damaged, or dropped into water, seek advice from customer service regarding repair or replacement.
- For proper ACS usage: it is recommended not to exceed 10 minutes of continuous inflation/deflation.
- IMPORTANT: Your ACS has been designed with a safety feature to avoid overheating. If your pump stops working during use, please allow 30 minutes before using again.
- The pump included with your iComfort mattress is thermally protected.
- DO NOT attempt to over-inflate the chambers.
- Use this appliance only for its intended use as described in this manual. DO NOT use attachments unless recommended for use with your iComfort bed. Use of such attachments may void your warranty.
- This bed is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or a lack of experience and knowledge, unless they have been given supervision or instruction concerning use by a person responsible for their safety.
- NEVER drop or insert any object into any opening on the ACS / pump, chamber or hose outlets.
- DO NOT use outdoors. For indoor household use only.
- DO NOT open the ACS case - electrical hazard may result.
- DO NOT attempt to use an ACS or pump other than that provided with your iComfort mattress.
- Ensure that the area where the ACS is used is well ventilated. Keep the air openings free of dust, lint, hair and other obstructions.
- Avoid extensive exposure to the sun as this may discolour the foam and fabric of your mattress.



# Introducing iComfort

There's no one size fits all when it comes to comfort. iComfort provides you with individual adjustable comfort control, allowing you to select and adjust the firmness level on each side at any time to suit your changing needs.

Sleep tracking compatibility incorporates tomorrow's technology today. Individual, Intelligent and Intuitive, iComfort knows how well you've slept. It analyses your sleep data to provide you with a personalised sleep score, and provides sleep tips and advice directly to your smart phone, to help you improve your sleep night after night!

## Your new iComfort bed

The items you receive will vary depending on which elements you have purchased.

### iComfort Mattress and Adjustable Comfort System (ACS)



**RestOn  
Sleep Tracker**



**Genius  
Adjustable Base**

# Before installing your iComfort mattress



Unpack the Adjustable Comfort System from its packaging.



Inside you will find:

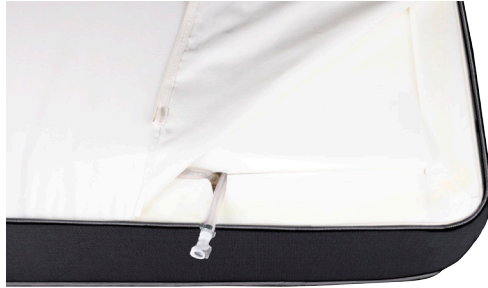
1. Adjustable Comfort System (ACS)
2. Remote control
3. AAA Batteries (x 3)
4. ACS power cord



# Installing your iComfort mattress

## Step 1

Ensure there is a power outlet nearby to your bed base. Gently pull each air hose out of the head of mattress until they are fully extended.



## Step 2

Place your iComfort mattress on a firm, supportive foundation with the air hoses at the head of the bed. If you have purchased an Adjustable Base, follow the installation guide in the adjustable base owner's manual before installing your mattress.

## Step 3

Connect the air hoses to the Adjustable Comfort System (ACS), ensuring that the hose labelled LEFT is connected to the outlet on the ACS marked L, and that there are no kinks or pinch points. Place the Adjustable Comfort System (ACS) under the head of the bed on a flat surface, connect it to a power outlet and turn the power on. We recommend using a surge protector to protect your device.

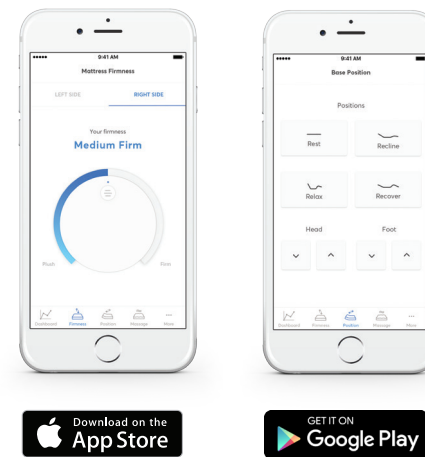


## Step 4

If you have purchased sleep tracking, please refer to your sleep tracker owners manual for installation instructions.

## Step 5

Choose your preferred device to operate your iComfort mattress. To optimise your experience, we recommend downloading the AHB My Bed app to your smart device. If you are using your iComfort mattress with a partner, download the app and complete the set up process **one at a time** to ensure your iComfort bed and smart device are paired correctly.



### Smart device and AHB My Bed app

Get the most out of iComfort by downloading the AHB My Bed app and follow the prompts



### Remote control

Insert three AAA batteries (included) into the remote control. Using the Firm button, increase the firmness to maximum

**If you have any questions or issues call our A.H.Beard support team on 1300 654 000 between 9am and 5pm AEST.**

# Finding your preferred comfort setting

## Using the remote control

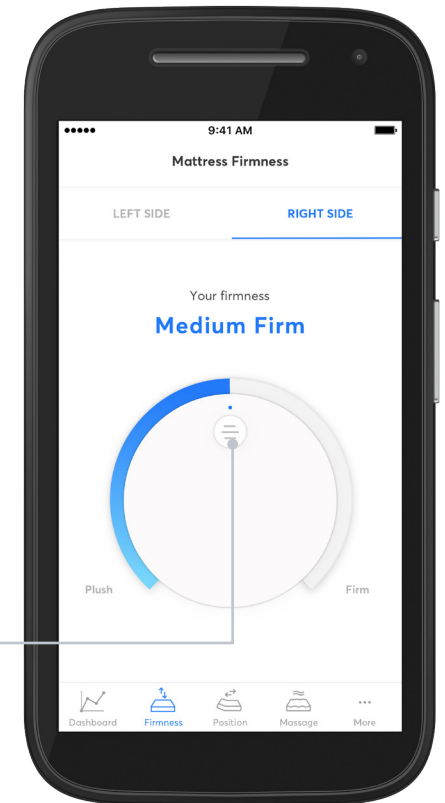
- With the mattress set to the firmest setting, lie down on the bed in your normal sleep position.
- Select your side of the bed by pressing the Left or Right button on the remote control. Note that this is left or right as you are lying on the bed on your back, not looking at the bed.
- Using the Plush button, adjust the mattress from the firmest setting so that it gradually gets softer. Stop when you feel the mattress is most comfortable for you. The bars on the display will flash as your side of the mattress adjusts to the selected firmness. Once it has reached the desired setting, the bars will stop flashing.
- Avoid pressing any buttons on the remote while the mattress is adjusting as this will cause the ACS to pause the firmness adjustment.
- You can press the Memory (MEM) button at any time to save the selected level firmness as your favourite setting. If you adjust the firmness of your mattress for any reason, simply press the Memory button to return to your saved setting.



## Using the AHB My Bed app

To adjust the mattress firmness using the AHB My Bed app, place your fingertip on the marker below the mattress adjustment dial and slide it around to select the desired firmness level. The app will tell you when it has finished adjusting, and will display the selected firmness setting on the screen. Avoid tapping the screen during adjustment as this will pause the adjustment.

Mattress Firmness adjustment dial marker



## Tips for getting the most from your iComfort mattress

- Avoid changing comfort settings every night, as your body and the iComfort mattress get to know each other. We recommend that you sleep at the selected comfort setting for several nights, and if you decide you would like to try a different comfort level, simply readjust to a new level of firmness.
- Always ensure you are laying on the bed when checking or changing your comfort setting

# FAQs and Troubleshooting

---

**Q What do I do if my Adjustable Comfort System does not operate?**

A Ensure the power cord is securely connected to the Adjustable Comfort System, and the plug is connected to a working power outlet. For further assistance, visit our website or call 1300 654 000 or email [serviceteam@ahbeard.com](mailto:serviceteam@ahbeard.com)

**Q What do I do if I see a blue square on my remote control screen?**

A A blue square on the remote control screen most likely indicates that the remote has disconnected from the ACS. This can be easily reconnected by following these steps:

- Turn the ACS off at the power outlet. If you have more than one iComfort mattress, turn off any other ACS units that may be close by
- Turn the ACS back on and immediately press and hold the R button on the remote control until the people icons appear on the screen. A blue light should flash on the ACS. If the light on the ACS turns green but no people icons appear on the screen, repeat this procedure until the remote successfully pairs with the ACS.

**Q What do I do if I cannot select my side on the remote control?**

A Ensure the power cord is securely connected to the Adjustable Comfort System, and the plug is connected to a working power outlet. Turn the power off at the outlet and wait for 10 seconds to allow the system to reset. Turn on again and the control will automatically pair with the Adjustable Comfort System.

**Q Why are the body impressions on my mattress cover?**

A As the mattress conforms to your body it may exhibit a body signature, this is not a fault. If you prefer a flat, level appearance when your bed is not in use, increase the firmness of your iComfort mattress.

**Q Why does my iComfort comfort setting change?**

A Fluctuations in body weight, volume of air in the air chamber and sleep position may contribute to a variation in your iComfort setting.

- Changes in temperature or altitude can affect the air pressure in the chambers, which can cause your comfort setting to change.
- Variations in weight and body shape will affect the comfort setting. Your iComfort setting is individual to your unique body size and shape. That's why two people who choose the same comfort setting will find that the firmness on the other side of the mattress feels quite different.
- Your body shape and sleep position affect the distribution of weight. For example, lying on your side will concentrate your weight in a smaller area (in the hip region) compared to the more even spread of weight when lying on your back. This results in different comfort settings.

**Q If I experience a power loss or power surge, will my selected comfort setting be affected?**

A No, your mattress will maintain the selected comfort setting. We recommend you protect your iComfort mattress with a surge protector.

**Can't find what you're looking for? Visit [www.icomfort.com.au](http://www.icomfort.com.au) and click on FAQs.**

## Caring for your iComfort mattress

---

- Ensure your base is flat and even with plenty of ventilation for your mattress.
- If using a slat base or bedframe, ensure the slats are no more than 10cm apart, secured and supported with a centre support rail. Please check slats regularly, as mattress damage caused by inadequate slat support is not covered by the guarantee.
- Never bend your mattress; this will cause damage to your mattress edge. Do not tie your mattress to roof racks, which may cause your mattress to fold.
- Do not allow anyone to stand or jump on your mattress, as misuse or abuse is not covered by the guarantee.
- A mattress protector should be used to protect your iComfort mattress from soiling.
- Vacuum your mattress regularly to remove dust.
- Remove surface spills and stains immediately using warm soapy water to spot clean. Do not saturate your mattress or use abrasive cleaners. For hard to remove stains we recommend using a reputable cleaning company.

## Register your A.H. Beard purchase

---

To enable us to better assist you should you experience an issue with your new iComfort by A.H. Beard product, please register your purchase via our website. Simply go to [ahbeard.com](http://ahbeard.com) and head to the Customer Support page. Click on 'Register a Product' to enter your purchase details.



# Guarantee

A.H. Beard has been setting the standard for quality bedding for over 115 years. However, in the unlikely event that a product fails to meet our high standards, A.H. Beard gives the original purchaser of an iComfort mattress a guarantee for the period of ten years against defects in workmanship and materials. If you have purchased a iComfort mattress with A.H.Beard RestOn sleep tracker, the sleep tracker is separately guaranteed for a period of 12 months.

In order to make a claim under any guarantees you must retain your original receipt as proof of purchase.

## Rights under Australian Consumer Law

The benefits given by the guarantee set out in this document are in addition to any other rights and remedies you may have under a law in relation to the goods to which the guarantee relates.

Our goods come with guarantees that cannot be excluded under the Australian Consumer Law. You are entitled to a replacement or refund for a major failure and for compensation for any other foreseeable loss or damage. You are also entitled to have the goods repaired or replaced if the goods fail to be of acceptable quality and the failure does not amount to a major failure.

## Rights under New Zealand Consumer Law

The benefits given by the guarantee set out in this document are in addition to any other rights and remedies you may have under a law in relation to the goods to which the guarantee relates. Our goods come with guarantees that cannot be excluded under The Consumer Guarantees Act in New Zealand.

## Rights under this Guarantee

If during the period of guarantee, beginning from the date of purchase, a defect caused by faulty workmanship or materials appears, A.H. Beard will repair your mattress and base within a reasonable time after receiving your valid guarantee claim. Note that the guarantee period applies to the original purchaser and commences on the date of purchase of this product.

If the defect appears within the first year of the guarantee period, A.H. Beard will also pay all transportation costs, or reimburse such costs incurred by you where they were authorised by A.H. Beard, in relation to the repair of the base or mattress. If the defect appears after the first year of the guarantee period, you will be responsible for paying all transportation costs. A.H. Beard reserves the right to charge an up-front fee prior to an inspection taking place at any stage during the life of the mattress. This fee will be refunded should a manufacturing fault be discovered.

If identical materials are not available at the time A.H. Beard repairs your mattress or base under this guarantee, A.H. Beard reserves the right to substitute materials of comparable quality.

## How to make a claim under your guarantee

To be entitled to make a claim under your guarantee you must notify us of the defect within 30 days after it has appeared.

You must:

- Provide us with your full name and address, and details of the defect, and
- Provide us with your original proof of purchase receipt.

You can notify A.H. Beard of the defect and make a claim via our website: [ahbeard.com](http://ahbeard.com)

## How to claim costs if you are entitled to claim them

Unless otherwise stated in this document, you will bear the cost of claiming under this guarantee.

If you believe you are entitled to claim for labour or transportation costs that directly relate to the repair of the mattress, please seek approval from A.H. Beard before they are incurred. Please send your receipt as proof of payment of these costs to A.H. Beard at the relevant address listed below.

## Making a claim

You can notify us of the defect and make a claim by contacting A.H. Beard via:

### Australia

A.H. Beard Pty Ltd  
PO Box 41  
Padstow NSW 2211  
1300 654 000  
[serviceteam@ahbeard.com](mailto:serviceteam@ahbeard.com)

### New Zealand

A.H. Beard Ltd  
PO Box 88080  
Clendon Mall 2242 Auckland  
0800 242 327  
[servicenz@ahbeard.com](mailto:servicenz@ahbeard.com)

# Sleep Diary

[illegible]This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There are no margins, text, or other markings on the paper.





A.H.Beard and iComfort are registered trademarks of A.H. Beard Pty Ltd

**[icomfort.com.au](http://icomfort.com.au)**

Part number 150106